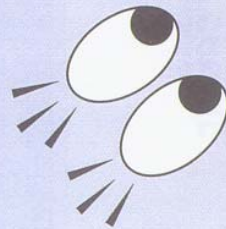
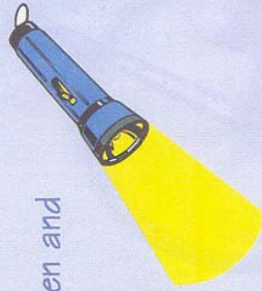


Safety on The Road

- Under-eights should not be allowed on the roads without an adult or an older child.
- Most cycling accidents happen to older children. Make sure that all children:
 - have road safety training;
 - always wear cycling helmets.
- Check that cycles are a suitable size and in good condition.
- Whether on foot or cycling children and adults should be seen. Ideally:
 - wear bright fluorescent clothing by day, and reflective clothing by night.
- Cyclists by night must have lights at the front and rear.
- Cyclists must always be alert!



- Don't ride straight off the pavement onto the road.
- Watch out for Pedestrians crossing between vehicles.
- Always ask yourself, "Has that driver seen me?"



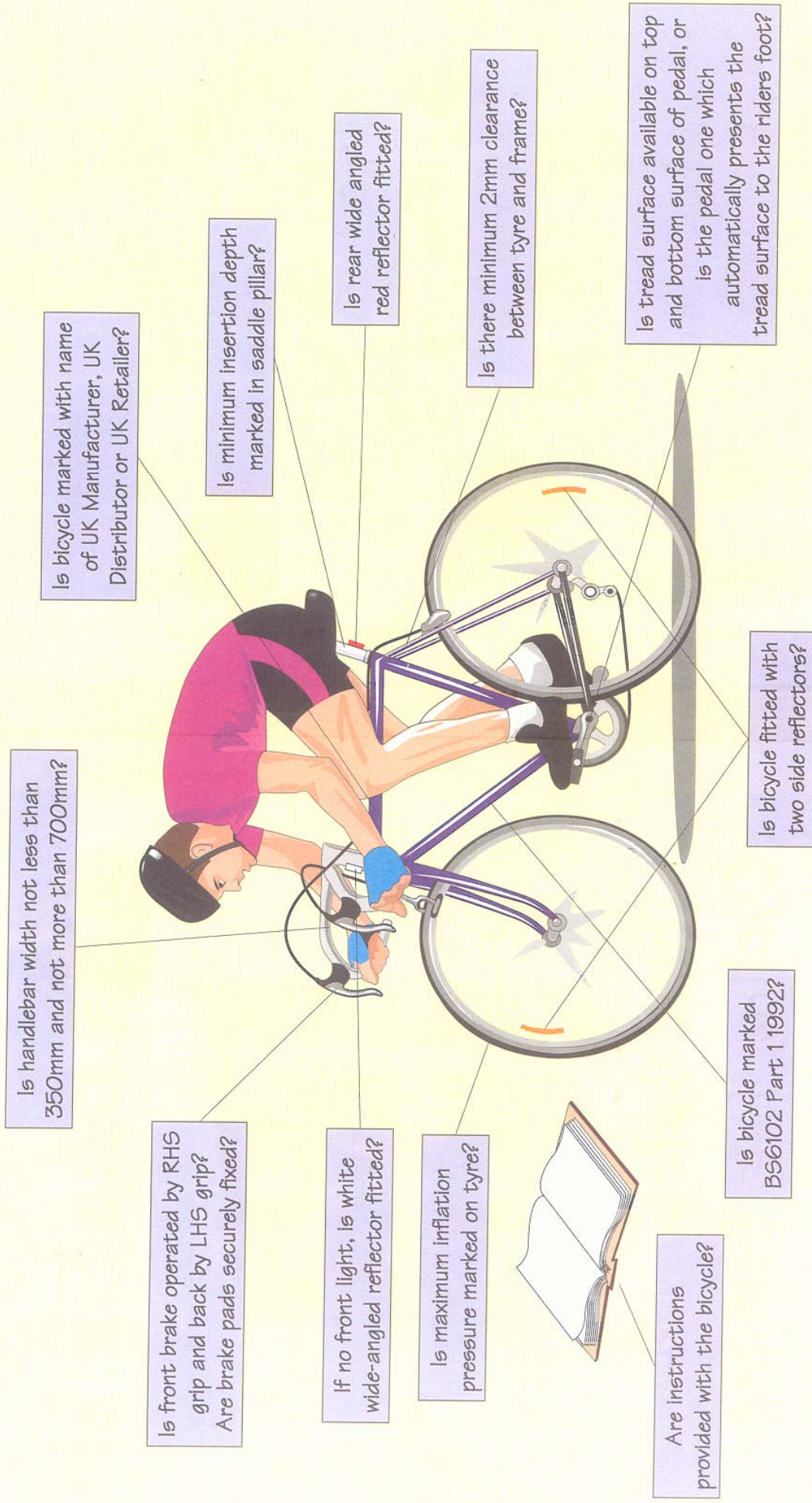
Bike Safe!



Think Safety When Cycling This Summer



All new bicycles must comply with the Bicycle Safety Regulations*. Have a look for the following:



Always read the instruction manual supplied with your new bicycle and carry out regular checks to ensure that it is still operating correctly and safely. If in doubt check with your retailer or the manufacturers.

* For further information refer to: The Pedal Bicycle (Safety) Regulations 1984 and British Standard 6102 (available from HMSO)